

CHILD & ADOLESCENT  
EMOTIONAL WELLBEING  
PROGRAMME

NOW AS ONLINE WEBINARS & AVAILABLE  
IN BEDFORDSHIRE & LUTON

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A PROGRAMME FOR PARENTS & CARERS TO GET ADVICE AND  
STRATEGIES TO SUPPORT CHILDREN & YOUNG PEOPLE WITH THEIR  
EMOTIONAL WELLBEING

EATING DISORDERS

DAYTIME SESSION      EVENING SESSION

WEDNESDAY 10TH      WEDNESDAY 24TH  
FEBRUARY 2021      FEBRUARY 2021

10.00AM - 11.30AM      6.00PM - 7.30PM

FOR FULL DETAILS CLICK ON THE FOLLOWING LINKS

[DAYTIME SESSION](#)

[EVENING SESSION](#)

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